

Campers Name _____ Age _____ T-shirt size _____
 Allergies _____

MRHC Fitness Camps:

Circle Camp(s) that camper will be attending:

Tot Pre-School Cubs Tigers Jr. Crew
 June 27 July 5 July 11 July 18 July 25 Aug. 1 Aug. 8 Aug. 15
 Aug. 22 Aug. 29

MRHC Tennis Camps:

Circle Camp(s) that camper will be attending:

Silver Tennis Intense Tennis
 June 13 June 20 June 27 July 5 July 11 July 18 July 25 Aug. 1 Aug. 8 Aug. 15
 Aug. 22 Aug. 29

Start date _____ Name of Pro _____ Class Time _____
 Start date _____ Name of Pro _____ Class Time _____
 Start date _____ Name of Pro _____ Class Time _____

Total Due _____ (10% discount if paid by May 15) NO REFUNDS

Parent Name _____ Member # _____
 Address _____ Phone _____
 Email Address _____
 Emergency Contact _____ Phone _____
 Physician _____ Phone _____

I, _____ authorize the McLean Racquet and Health Club
 in my absence to obtain emergency medical care in the event of an accident,
 injury, or illness. I understand there will be no refunds issued.

Payment must be received with this registration form

McLean Racquet and Health Club, 1472 Chain Bridge Rd., McLean, Virginia 22101
 703-356-3300 • Fax 703-847-0672 • www.mcleanracquetandhealthclub.com

**A SUMMER FULL OF
 AMAZING FUN!!!**

**SUMMER
 CAMPS**

2011



FITNESS!

TENNIS

**THE MCLEAN RACQUET
 & HEALTH CLUB**

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 McLean, Virginia 22101
 703-356-3300

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**A Summer Full
 Of Serious
 FUN!**

MRHC FITNESS CAMPS

Monday - Friday
June 27 - August 31

Camp Hours	Age Groups
9 a.m. - 12 p.m.	16 months - 3 years
9 a.m. - 3 p.m.	3-4 year olds
9 a.m. - 3 p.m.	5-6 year olds
9 a.m. - 3 p.m.	7-8 year olds
9 a.m. - 3 p.m.	9-12 year olds

Camp Fees

Tot Camp \$150/week \$40/day
 Pre School Camp, Cubs, Tigers and Jr. Crew Camps \$240/week \$55/day
 Non-members \$265/week \$60/day

MRHC Camps have been bringing fun with a unique learning experience to children for over 20 years. Activities include:
 Daily Swimming-Exercise-Games-Crafts-Field Trips and more!!!

Weekly Themes

Week 1	June 27	Grow it Week
Week 2	July 4	Y Go Green
Week 3	July 11	Fun and Fitness
Week 4	July 18	Splash Splash
Week 5	July 25	Animal Antics
Week 6	Aug. 1	Games Paboza
Week 7	Aug. 8	Carnival Week
Week 8	Aug. 15	Ooey Gooley and Slimey Too
Week 9	Aug. 22	Cooking
Week 10	Aug 29	Around the world in 3 days (Camp ends on Wed. Aug. 31st.)

MRHC TENNIS CAMPS

Monday - Thursday
June 20 - Sept. 1

Experienced Certified Pros
 5:1 Student Teacher Ratio
 Air Conditioned Courts
 Individualized Instruction

Silver Tennis Program

Age	Time	Pro	Members	Non Members
11-18	9 - 11 a.m.	Griff Lamkin	\$176	\$211
8-16	12 - 2 p.m.	Casey McClure	\$176	\$211
5-7	2 - 3 p.m.	Casey McClure	\$93	\$106
8-16	3 - 5 p.m.	Kristina Georgjeva	\$176	\$211
5-7	5 - 6 p.m.	Kristina Georgjeva	\$93	\$106

Intense Tennis Program

Age	Time	Pro	Members	Non Members
11-16	9 a.m - 2 p.m.	Griff/Casey	\$310	\$380
8-16	12 - 5 p.m.	Casey/Kristina	\$310	\$380
11-16	9 a.m - 5 p.m.	Griff/Casey/Kristina	\$462	\$525

All tennis programs have breaks between sessions for snack or lunch.
 Lunch may be ordered from the restaurant between 11:30 a.m. and 2 p.m.

10% DISCOUNT
 WITH PAID
 REGISTRATION
 BEFORE
MAY 15