

www.mcleanracquetandhealthclub.com

Fall Club Hours
 Monday - Friday 6am - 11 pm
 Saturday & Sunday 7 am - 10 pm
 Pool closes @ 10:30 pm Mon. - Fri., 7:30 pm Sat. & Sun.
 Youth Fitness Hrs: (Ages 8-15) Mon. - Fri. 11 am - 5 pm
 Sat. & Sun. 10 am - 3 pm
 Playroom Hours: Mon. - Fri. 8 am - 8 pm
 Sat. & Sun. 8:30 am - 3 pm



September 2007



**CHECK OUT
 Our NEW
 Exercise
 Bikes!!!**

COURTSIDE CAFE
 LUNCH
 11 am-3 pm (Everyday)
 11:30 am-2 pm (Buffet)
 DINNER
 5-9 pm (M-F)
 5:30-8:30 pm (Buffet ex Wed.)
 6-8:30 pm (Pizza/Pasta Every Wednesday)

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

Our Group Exercise Deck Renovation will be completed by Labor Day!
★★★★ Classes will resume on the 4th!! ★★★★★



**Time To
 Get FIT
 for Fall!
 See
 Fitness
 for a
 new
 program!**

2 Private Lessons 10 AM - 2 PM	3 LABOR DAY Club Hours 7 AM - 8 PM	4 3.5 Mixed Doubles Flight 8:30-10 PM Adult Tennis Camp 12:30 - 2 PM, 6:30 - 8 PM	5 Ladies B-2 Team Match 10 AM - 1 PM	6 FREE Adult Tennis Clinic 10 -11 AM Free Junior Tennis Assessment 5 PM	7 Ladies 3.0 Doubles 6-7:30 PM Mixed Doubles Social 8-10 PM	8 Private Lessons 10 AM - 2 PM
9 Morning Adult Clinics and Fall Private Lessons Begin	10 Squash Round Robin 6-7:30 PM Men's 5.0 Doubles 8-9:30 PM	11 3.5 Mixed Doubles Flight 8:30-10 PM Adult Tennis Camp 12:30 - 2 PM, 6:30 - 8 PM	12 Ladies A-2 Team Match 10 AM - 1 PM	13 Men's 4.0 Doubles Flight 8:30 - 10 PM	14 Ladies 3.0 Doubles 6-7:30 PM Mixed Doubles Social 8-10 PM	15 Private Lessons 10 AM - 2 PM
16 Morning Adult Clinics and Fall Private Lessons	17 All organized daytime flights and clinics begin. Squash Round Robin 6-7:30 PM Men's 5.0 Doubles 8-9:30 PM	18 Ladies B-3 Team Match 10 AM - 1 PM 3.5 Mixed Doubles Flight 8:30 - 10 PM	19 Ladies B-2 Team Match 10 AM - 1 PM	20 Men's 4.0 Doubles Flight 8:30 - 10 PM	21 Ladies 3.0 Doubles 6-7:30 PM Mixed Doubles Social 8-10 PM	22 Private Lessons 10 AM - 2 PM
Fall Weekend 23 Junior Clinics Begin	24 Men's 5.0 Doubles 8-9:30 PM Squash Round Robin 5-6:30 PM	25 3.5 Mixed Doubles Flight 8:30 - 10 PM	26 Ladies A-2 Team Match 10 AM - 1 PM	27 Men's 4.0 Doubles Flight 8:30 - 10 PM	28 Ladies 3.0 Doubles 6-7:30 PM Mixed Doubles Social 8-10 PM	29 Parent Child Tournament 9 AM - 6 PM
30 Parent Child Tournament Finals 9 AM - 2 PM						

