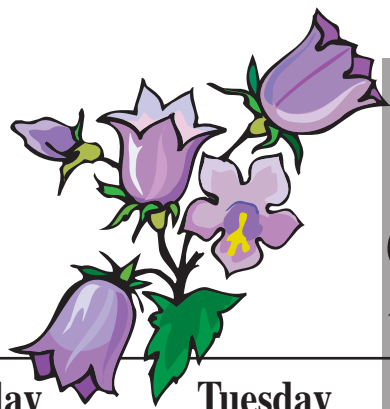


www.mcleanracquetandhealthclub.com

Spring Club Hours

Monday - Friday 6am - 11 pm
 Saturday & Sunday 7 am - 10 pm
 Pool closes @ 10:30 pm Mon. - Fri., 9:30 pm Sat. & Sun.
 Youth Fitness Hrs: (Ages 8-15) Mon. - Fri. 11 am - 5 pm
 Sat. & Sun. 10 am - 3 pm
 Playroom Hours: Mon. - Fri. 8 am - 8 pm
 Sat. & Sun. 8:30 am - 3 pm



May 2008



SPRING CLEANING!
 Get a New Exercise Program for a New You!
 See Fitness For Details!

COURTSIDE CAFE
LUNCH
 11 am-3 pm (Everyday)
 11:30 am-2 pm (Buffet)
DINNER
 5-9 pm (M-F)
 5:30-8:30 pm (Buffet ex Wed.)
 6-8:30 pm (Pizza/Pasta Every Wednesday)



SPRING IS HERE!!
 Look For Our Special Outdoor Events Schedule!!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>NEW!! 6 Week "Get In Shape" BOX/KICKBOXING Program Begins Soon! Sign Up Today!</p>						
<p>Adult ⁴ Tennis Clinics 8-10 AM Junior Clinics 12:30-4:00 PM</p>	<p>Men's 5.0 ⁵ Doubles 8-9:30 PM</p>	<p>Ladies GWTA B-3 ⁶ Bronze Tennis Match vs 10 AM - 1 PM 3.5 Mixed Doubles 8:30-10 PM</p>	<p>Racquetball Round ⁷ Robin 6:30 - 8 PM Bring a Guest for a Free Every Week</p>	<p>3.5 Women's ¹ Flight 10:30 AM-12 PM Mens 4.0 Doubles 8:30-10 PM</p>	<p>Ladies 3.0 ² Doubles 6-7:30 PM Mixed Doubles 8-10 PM</p>	<p>Junior ³ Match Play 7-9 PM</p>
<p>Adult ¹¹ Tennis Clinics 8-10 AM Junior Clinics 12:30-4:00 PM</p>	<p>Men's 5.0 ¹² Doubles 8-9:30 PM</p>	<p>Women's League ¹³ Tennis 9:30 AM - 1 PM Mixed 3.5 Doubles 8:30-10 PM</p>	<p>Ladies GWTA ¹⁴ A-2 Purple Team Tennis Diamonds 10 AM - 1 PM Racquetball Round Robin Free Guest</p>	<p>Women's B League ⁸ Tennis 9:30 AM - 1 PM Mens 4.0 Doubles 8:30-10 PM</p>	<p>Ladies 3.0 ⁹ Doubles 6-7:30 PM Mixed Doubles 8-10 PM</p>	<p>Junior ¹⁰ Match Play 7-9 PM</p>
<p>Adult ¹⁸ Tennis Clinics 8-10 AM Junior Clinics 12:30-4:00 PM</p>	<p>Men's 5.0 ¹⁹ Doubles 8-9:30 PM</p>	<p>Women's League ²⁰ Tennis 9:30 AM - 1 PM Mixed 3.5 Doubles 8:30-10 PM</p>	<p>Ladies GWTA ²¹ A-2 Purple Team Tennis Fairfax Gold 10 AM - 1 PM Racquetball Round Robin Free Guest</p>	<p>Women's B League ⁸ Tennis 9:30 AM - 1 PM Mens 4.0 Doubles 8:30-10 PM</p>	<p>Ladies 3.0 ⁹ Doubles 6-7:30 PM Mixed Doubles 8-10 PM</p>	<p>Junior ¹⁰ Club Tournament 9 AM - 6 PM</p>
<p>Adult ²⁵ Tennis Clinics 8-10 AM Junior Clinics 12:30-4:00 PM</p>	<p>Men's 5.0 ²⁶ Doubles 8-9:30 PM</p>	<p>Women's League ²⁷ Tennis 9:30 AM - 1 PM Mixed 3.5 Doubles 8:30-10 PM</p>	<p>Racquetball ²⁸ Round Robin 6:30 - 8 PM Bring a Guest for a Free Every Week</p>	<p>Women's B League ⁸ Tennis 9:30 AM - 1 PM Mens 4.0 Doubles 8:30-10 PM</p>	<p>Ladies 3.0 ⁹ Doubles 6-7:30 PM Mixed Doubles 8-10 PM</p>	<p>Junior ¹⁰ Club Tournament 9 AM - 6 PM</p>

