

Make a Resolution To Be **Fit and Fabulous!**
 Visit Our Fitness Professionals

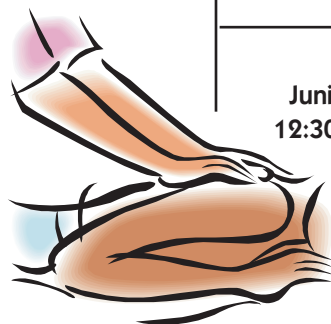
January 2006




COURTSIDE CAFE
LUNCH
 11 am-3 pm (Everyday)
 11:30 am-2 pm (Buffet)
DINNER
 5-9 pm (M-F)
 5:30-8:30 pm (Buffet ex Wed.)
 6-8:30 (Pizza/Pasta Every Wednesday)

Winter Club Hours
 Monday - Friday 6am - 11 pm
 Saturday & Sunday 7 am - 10 pm
 Pool closes @ 10:30 pm Mon. - Fri., 7:30 pm Sat. & Sun.
 Youth Fitness Hrs: (Ages 8-15) Mon. - Fri. 11 am - 5 pm
 Sat. & Sun. 10 am - 3 pm
 Playroom Hours: Mon. - Fri. 8 am - 8 pm
 Sat. & Sun. 8:30 am - 3 pm

Need To Relax after the Holiday Hustle? Get a Massage or Facial



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 1 Junior Clinics 12:30 - 3:30 PM	2 Men's 5.0 Doubles 8-9:30 PM Racquetball/Squash Round Robin 5-6:30 pm	3 3.5 Mixed Doubles Flight 8:30-10 PM	4 Ladies A Team Practice 11:30 AM - 2:30 PM	5 Men's 4.0 Doubles 8:30-10 PM	6 Ladies 3.0 Doubles 6:30 - 8 pm Mixed Doubles 8-10 pm	7 Junior Match Play 8-10 PM
8 Junior Clinics 12:30 - 3:30 PM	9 Men's 5.0 Doubles 8-9:30 PM Racquetball/Squash Round Robin 5-6:30 pm	10 3.5 Mixed Doubles Flight 8:30-10 PM	11 Ladies A Team Practice 11:30 AM - 2:30 PM	12 Men's 4.0 Doubles 8:30-10 PM	13 Ladies 3.0 Doubles 6:30 - 8 pm Mixed Doubles 8-10 pm	14 Tennis Awards Banquet 6-8 pm Junior Match Play 8-10
15 Junior Clinics 12:30 - 3:30 PM	16 Men's 5.0 Doubles 8-9:30 PM Racquetball/Squash Round Robin 5-6:30 pm	17 3.5 Mixed Doubles Flight 8:30-10 PM	18 Ladies A Team Practice 11:30 AM - 2:30 PM	19 Men's 4.0 Doubles 8:30-10 PM	20 Ladies 3.0 Doubles 6:30 - 8 pm Mixed Doubles 8-10 pm	21 Junior Match Play 8-10 PM
22 Junior Clinics 12:30 - 3:30 PM	23 Men's 5.0 Doubles 8-9:30 PM Racquetball/Squash Round Robin 5-6:30 pm	24 3.5 Mixed Doubles Flight 8:30-10 PM	25 Ladies A Team Practice 11:30 AM - 2:30 PM	26 Men's 4.0 Doubles 8:30-10 PM	27 Ladies 3.0 Doubles 6:30 - 8 pm Mixed Doubles 8-10 pm	28 Junior Match Play 8-10 PM
29 Junior Clinics 12:30 - 3:30 PM	30 Men's 5.0 Doubles 8-9:30 PM Racquetball/Squash Round Robin 5-6:30 pm	31 3.5 Mixed Doubles Flight 8:30-10 PM	SWIM CLINICS ARE BACK!! Tuesday and Sunday Please Sign Up At The Front Desk			



For January Only
\$10
 Get Your Health Check-up
 Blood Pressure &
 Cholesterol Check

