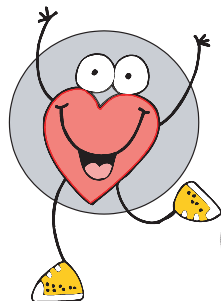


www.mcleanracquetandhealthclub.com

Winter Club Hours

Monday - Friday 6am - 11 pm
 Saturday & Sunday 7 am - 10 pm
 Pool closes @ 10:30 pm Mon. - Fri., 9:30 pm Sat. & Sun.
 Youth Fitness Hrs: (Ages 8-15) Mon. - Fri. 11 am - 5 pm
 Sat. & Sun. 10 am - 3 pm
 Playroom Hours: Mon. - Fri. 8 am - 8 pm
 Sat. & Sun. 8:30 am - 3 pm



February ♥ 2008

We Are Offering
**FREE Cholesterol
 Screenings**

For Heart Healthy Month - See D'Lynne For Details

COURTSIDE CAFE

LUNCH

11 am-3 pm (Everyday)
 11:30 am-2 pm (Buffet)

DINNER

5-9 pm (M-F)
 5:30-8:30 pm (Buffet ex Wed.)
 6-8:30 pm (Pizza/Pasta Every Wednesday)

February
 is
**HEART
 HEALTHY
 MONTH!**
 Schedule
 a
 Fitness
 Assessment
 Today!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Get Heart Healthy!!			Ladies Singles Flight 10:30-11:30 AM Racquetball Round Robin 6:30 - 8 PM	3.5 Women's Flight 10:30 AM-12 PM Mens 4.0 Doubles 8:30-10 PM	Ladies 3.0 1 Doubles 6-7:30 PM Mixed Doubles Social 8-10 PM	Cystic Fibrosis 2 Tennis Benefit 6-10 PM Club Closes at 6 PM
Adult Tennis ³ Clinics 8-10 AM Junior Clinics 12:30-4:00 PM	Men's 5.0 4 Doubles 8-9:30 PM Squash Round Robin 6:30 - 8 PM	Women's 3.0 5 Doubles Flight 1-2:30 PM 3.5 Mixed Doubles Flight 8:30-10 PM	Ladies Singles Flight 6 10:30-11:30 AM Racquetball Round Robin 6:30 - 8 PM	3.5 Women's 7 Flight 10:30 AM-12 PM Mens 4.0 Doubles 8:30-10 PM	Ladies 3.0 8 Doubles 6-7:30 PM Mixed Doubles Social 8-10 PM	Junior Match Play 9 7-9 PM
Adult 10 Tennis Clinics 8-10 AM Junior Clinics 12:30-4:00 PM	Men's 5.0 11 Doubles 8-9:30 PM Squash Round Robin 6:30 - 8 PM	Women's 3.0 12 Doubles Flight 1-2:30 PM 3.5 Mixed Doubles Flight 8:30-10 PM	Ladies 13 Singles Flight 10:30-11:30 AM Racquetball Round Robin 6:30 - 8 PM	3.5 Women's ¹⁴ Flight 10:30 AM-12 PM Mens 4.0 Doubles 8:30-10 PM	Ladies 3.0 15 Doubles 6-7:30 PM Mixed Doubles Social 8-10 PM	Junior 16 Match Play 7-9 PM
Adult 17 Tennis Clinics 8-10 AM Junior Clinics 12:30-4:00 PM	Men's 5.0 18 Doubles 8-9:30 PM Squash Round Robin 6:30 - 8 PM	Women's 3.0 19 Doubles Flight 1-2:30 PM 3.5 Mixed Doubles Flight 8:30-10 PM	Ladies 20 Singles Flight 10:30-11:30 AM Racquetball Round Robin 6:30 - 8 PM	3.5 Women's 21 Flight 10:30 AM-12 PM Mens 4.0 Doubles 8:30-10 PM	Ladies 3.0 22 Doubles 6-7:30 PM Mixed Doubles Social 8-10 PM	Junior 23 Match Play 7-9 PM
Adult 24 Tennis Clinics 8-10 AM Junior Clinics 12:30-4:00 PM	Men's 5.0 25 Doubles 8-9:30 PM Squash Round Robin 6:30 - 8 PM	Women's 3.0 26 Doubles Flight 1-2:30 PM 3.5 Mixed Doubles Flight 8:30-10 PM	Ladies 27 Singles Flight 10:30-11:30 AM Racquetball Round Robin 6:30 - 8 PM	3.5 Women's 28 Flight 10:30 AM-12 PM Mens 4.0 Doubles 8:30-10 PM	Ladies 3.0 29 Doubles 6-7:30 PM Mixed Doubles Social 8-10 PM	

Give Your
 Valentine
 ♥ A ♥
 Sweetheart
 Package!
 See
 Massage
 For
 Details!

