

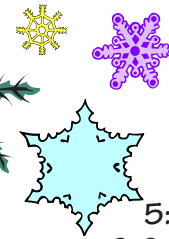
www.mcleanracquetandhealthclub.com

Fall Club Hours

Monday - Friday 6 am - 11 pm
 Saturday & Sunday 7 am - 10 pm
 Pool closes @ 10:30 pm Mon.- Fri., 9:30 pm Sat. & Sun.
 Youth Fitness Hrs: (Ages 8-15) Mon. - Fri. 11 am - 5 pm
 Sat. & Sun. 10 am - Close
 Playroom Hours: Mon. - Fri. 8 am - 8 pm
 Sat. 8 am - 3 pm • Sun. 8:30 am - 3 pm



December 2009

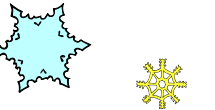


COURTSIDE CAFE
 LUNCH
 11 am-3 pm (Everyday)
 11:30 am-2 pm (Buffet)
 DINNER
 5-9 pm (M-F)
 5:30-8:30 pm (Buffet ex Wed.)
 6-8:30 pm (Pizza/Pasta Every Wednesday)

Roar into the New Year with Team ECO's Next Motivational Event Starting Jan. 1st 2010!

HOLIDAY WALK Dec. 19 at 11 AM

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 TOY DRIVE December 1st - 22nd		3.0 - 3.5 Ladies ¹ Flight 1 - 2:30 PM 3.5 Mixed Doubles Flight 8:30 - 10 PM	Cardio Tennis 6-8 AM ² Singles Flights 10:30 - 11:30 AM Racquetball Round Robin 6:30 - 8 PM	Women's ³ 3.5 Flight 10:30 AM - 1:30 PM Men's 4.0 Doubles Flight 8:30 - 10 PM	Ladies 3.0 Doubles ⁴ 6 - 7:30 PM Mixed Doubles Social 8 - 10 PM	Fall Awards ⁵ Banquet 6 - 8 PM
 ⁶	Squash ⁷ Round Robin 6:30 - 8 PM Men's 5.0 Doubles Flight 8 - 9:30 PM	3.0 - 3.5 Ladies ⁸ Flight 1 - 2:30 PM 3.5 Mixed Doubles Flight 8:30 - 10 PM	Cardio Tennis 6-8 AM ⁹ Singles Flights 10:30 - 11:30 AM Racquetball Round Robin 6:30 - 8 PM	Women's ¹⁰ 3.5 Flight 10:30 AM - 1:30 PM Men's 4.0 Doubles Flight 8:30 - 10 PM	National ¹¹ Christmas Tree Walk 7 PM HAPPY HANUKKAH	Club Adult ¹² Holiday Party 7 PM - 10 PM
 ¹³	Squash ¹⁴ Round Robin 6:30 - 8 PM Men's 5.0 Doubles Flight 8 - 9:30 PM	3.0 - 3.5 Ladies ¹⁵ Flight 1 - 2:30 PM 3.5 Mixed Doubles Flight 8:30 - 10 PM	Cardio Tennis 6-8 AM ¹⁶ Singles Flights 10:30 - 11:30 AM Racquetball Round Robin 6:30 - 8 PM	Women's ¹⁷ 3.5 Flight 10:30 AM - 1:30 PM Men's 4.0 Doubles Flight 8:30 - 10 PM	Ladies 3.0 Doubles ¹⁸ 6 - 7:30 PM Mixed Doubles Social 8 - 10 PM	Kidz Holiday ¹⁹ Party with Santa 4 - 6 PM Parents Night Out!
Jingle Bells ²⁰ Bike Ride Haines Point 10 AM	Squash ²¹ Round Robin 6:30 - 8 PM Men's 5.0 Doubles Flight 8 - 9:30 PM	3.0 - 3.5 Ladies ²² Flight 1 - 2:30 PM 3.5 Mixed Doubles Flight 8:30 - 10 PM	Cardio Tennis 6-8 AM ²³ Singles Flights 10:30 - 11:30 AM Racquetball Round Robin 6:30 - 8 PM	Christmas ²⁴ Eve 4 PM Club Closes	Merry ²⁵ Christmas Club Closed	Junior ²⁶ Tennis Camp 11 AM - 4 PM
Junior ²⁷ Tennis Camp 11 AM - 4 PM	★ Kidz Zone ★ WINTER BREAK CAMP 9 AM - 3 PM					Junior ²⁸ Tennis Camp 11 AM - 4 PM
	Junior ²⁹ Tennis Camp 11 AM - 4 PM	Junior ³⁰ Tennis Camp 11 AM - 4 PM	Junior ³¹ Tennis Camp 11 AM - 4 PM	New Year's Eve 4 PM Club Closes	Give the GIFT OF TOUCH This Holiday Season! Spa Services Special Promotion See Front Desk For Details	



We Wish You A Happy And Healthy Holiday Season!!

