

www.mcleanracquetandhealthclub.com

# DECEMBER 2004



**COURTSIDE CAFE**  
 Lunch  
 11 am-3 pm (Everyday)  
 11:30 am-2 pm (Buffet)  
 Dinner  
 5-9 pm (M-F)  
 5:30-8:30 pm (Buffet ex Wed.)  
 6-8:30 (Pizza/Pasta Every Wednesday)

Fall Club Hours begin September 11  
 Monday - Friday 6am - 11 pm  
 Saturday & Sunday 7 am - 10 pm  
 Pool closes @ 10:30 pm Mon. - Fri. 9:30 pm Sat. & Sun.  
 Youth Fitness Hrs: (Ages 8-15) Mon. - Fri. 11 am - 5 pm  
 Sat. & Sun. 10 am - 8 pm  
 Playroom Hours: Mon. - Fri. 8 am - 8 pm  
 Sat. & Sun. 8:30 am - 3 pm

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>SPECIAL</b> <i>Holiday Spa Pamper Package</i> <b>\$157.50</b>			<b>1</b> Cholesterol Testing Special \$20 Every Wednesday 7-10 am	<b>2</b> Men's 4.0 Doubles 8:30-10 pm	<b>3</b> Ladies 3.0 Doubles 6:30-8 pm Mixed Doubles 8-10 pm	<b>4</b> Fall Tennis Awards Banquet 6-8 pm
<b>5</b> JR Clinics 2-3:30 pm	<b>6</b> Men's 5.0 Doubles 8-9:30 pm Racquetball Round Robin 5-6:30 pm	<b>7</b> Mixed 3.5 Doubles 8:30-10 pm Workout Seminar 6:30 pm	<b>8</b> Cholesterol Testing Special \$20 Every Wednesday 7-10 am	<b>9</b> Men's 4.0 Doubles 8:30-10 pm	<b>10</b> Ladies 3.0 Doubles 6:30-8 pm Mixed Doubles 8-10 pm	<b>11</b> Children's Holiday Party 4:30-6 pm Advanced Mixed Doubles 6-8 pm Junior Round Robin 8-10 pm
<b>12</b> JR Clinics 2-3:30 pm	<b>13</b> Men's 5.0 Doubles 8-9:30 pm Racquetball Round Robin 5-6:30 pm	<b>14</b> Mixed 3.5 Doubles 8:30-10 pm	<b>15</b> Cholesterol Testing Special \$20 Every Wednesday 7-10 am	<b>16</b> Men's 4.0 Doubles 8:30-10 pm	<b>17</b> Ladies 3.0 Doubles 6:30-8 pm Mixed Doubles 8-10 pm Adult Holiday Happy Hour 6-8 pm	<b>18</b> Advanced Mixed Doubles 6-8 pm Junior Round Robin 8-10 pm
<b>19</b> JR Clinics 2-3:30 pm	<b>20</b> Men's 5.0 Doubles 8-9:30 pm Racquetball Round Robin 5-6:30 pm	<b>21</b> Mixed 3.5 Doubles 8:30-10 pm	<b>22</b> Cholesterol Testing Special \$20 Every Wednesday 7-10 am	<b>23</b> Men's 4.0 Doubles 8:30-10 pm	<b>24</b> CLUB CLOSES AT 4 PM	<b>25</b> CHRISTMAS CLUB CLOSED
<b>26</b>	<b>27</b> Junior Holiday Camp 12-2 pm	<b>28</b> Junior Holiday Camp 12-2 pm	<b>29</b> Junior Holiday Camp 12-2 pm	<b>30</b> Junior Holiday Camp 12-2 pm	<b>31</b> CLUB CLOSES AT 4 PM	

**MESSAGE & FACIAL GIFT CERTIFICATES**  
 10% Off



**DON'T MISS OUR HOLIDAY MASTER CLASSES FOR GROUP EXERCISE**



## JOIN US FOR OUR HOLIDAY PARTIES!

Children's Holiday Party December 11th, 4:30-6 pm  
 Adult Holiday Happy Hour December 17th, 6-8 pm



**NEW!!!**  
**TENNIS JR. CLINICS ON SUNDAY!**

Sign up today!



**"AVOID THE WINTER WORKOUT WOES" SEMINAR**

December 7th  
 6:30 pm

