

AUGUST 2004

COURTSIDE CAFE
 Lunch
 11 am-3 pm (Everyday)
 11:30 am-2 pm (Buffet)
 Dinner
 5-9 pm (M-F)
 5:30-8:30 pm (Buffet ex Wed.)
 6-8:30 (Pizza/Pasta Every Wednes-)

Summer Club Hours
 Monday - Friday 6am - 11 pm
 Saturday & Sunday 7 am - 8 pm
 Pool closes @ 10:30 pm Mon. - Fri. 7:30 pm Sat. & Sun.
 Youth Fitness Hrs: (Ages 8-15) Mon. - Fri. 11 am - 5 pm
 Sat. & Sun. 10 am - 3 pm
 Playroom Hours: Mon. - Fri. 8 am - 8 pm
 Sat. & Sun. 8:30 am - 3 pm

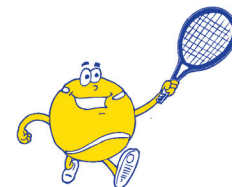


NEED AN UPDATE FOR YOUR WORKOUT OR ASSESSMENT?
 See Fitness

NEW STANDARDS FOR CHOLESTEROL
 Check

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Teenage Junior Camps 9-11 am Tots Tennis Camps 5-7 yrs 12-1 pm Tennis Camps Children 8-14 yrs 1-5 pm	3 Teenage Junior Camps 9-11 am Evening Adult Camps 6:30-8 pm 3.5 Mixed Doubles 8:30-10 pm	4 Teenage Junior Camps 9-11 am Tots Tennis Camps 5-7 yrs 12-1 pm Tennis Camps Children 8-14 yrs 1-5 pm	5 Teenage Junior Camps 9-11 am Tennis Camps Children 8-14 yrs 1-5 pm Evening Adult Camps 6:30-8 pm	6 Tots Tennis Camps 5-7 yrs 12-1 pm Tennis Camps Children 8-14 yrs 1-3 pm Friday Night Mixer 8-10 pm	7 Saturday Night Advanced Doubles 6-8 pm
8	9 Teenage Junior Camps 9-11 am Tots Tennis Camps 5-7 yrs 12-1 pm Tennis Camps Children 8-14 yrs 1-5 pm	10 Teenage Junior Camps 9-11 am Evening Adult Camps 6:30-8 pm 3.5 Mixed Doubles 8:30-10 pm	11 Teenage Junior Camps 9-11 am Tots Tennis Camps 5-7 yrs 12-1 pm Tennis Camps Children 8-14 yrs 1-5 pm	12 Teenage Junior Camps 9-11 am Tennis Camps Children 8-14 yrs 1-5 pm Evening Adult Camps 6:30-8 pm	13 Tots Tennis Camps 5-7 yrs 12-1 pm Tennis Camps Children 8-14 yrs 1-3 pm Friday Night Mixer 8-10 pm	14 Saturday Night Advanced Doubles 6-8 pm
15 Adult Singles Round Robin 12-4 pm	16 Teenage Junior Camps 9-11 am Tots Tennis Camps 5-7 yrs 12-1 pm Tennis Camps Children 8-14 yrs 1-5 pm	17 Teenage Junior Camps 9-11 am Evening Adult Camps 6:30-8 pm 3.5 Mixed Doubles 8:30-10 pm	18 Teenage Junior Camps 9-11 am Tots Tennis Camps 5-7 yrs 12-1 pm Tennis Camps Children 8-14 yrs 1-5 pm	19 Teenage Junior Camps 9-11 am Tennis Camps Children 8-14 yrs 1-5 pm Evening Adult Camps 6:30-8 pm	20 Tots Tennis Camps 5-7 yrs 12-1 pm Tennis Camps Children 8-14 yrs 1-3 pm Friday Night Mixer 8-10 pm	21 Saturday Night Advanced Doubles 6-8 pm
22	23 Teenage Junior Camps 9-11 am Tots Tennis Camps 5-7 yrs 12-1 pm Tennis Camps Children 8-14 yrs 1-5 pm	24 Tots Tennis Camps 5-7 yrs 12-1 pm Evening Adult Camps 6:30-8 pm 3.5 Mixed Doubles 8:30-10 pm	25 Teenage Junior Camps 9-11 am Tots Tennis Camps 5-7 yrs 12-1 pm Tennis Camps Children 8-14 yrs 1-5 pm	26 Teenage Junior Camps 9-11 am Tennis Camps Children 8-14 yrs 1-5 pm Evening Adult Camps 6:30-8 pm	27 Tots Tennis Camps 5-7 yrs 12-1 pm Tennis Camps Children 8-14 yrs 1-3 pm Friday Night Mixer 8-10 pm	28 Saturday Night Advanced Doubles 6-8 pm
29	30 Teenage Junior Camps 9-11 am Tots Tennis Camps 5-7 yrs 12-1 pm Tennis Camps Children 8-14 yrs 1-5 pm	31	<p>AUGUST TANNING SPECIAL Buy 5 Sessions — Get 1 Free Buy 10 Sessions — Get 3 Free</p> <p>IT'S NOT TOO LATE TO REGISTER FOR CHILDREN & YOUTH CAMPS</p>			

WE OFFER A FULL LIPID SCREENING



ROLLER BLADING RUMBLE
 Sunday, August 29th!
 DON'T MISS IT!



WE HAVE A TERRIFIC MARTIAL ARTS PROGRAM FOR CHILDREN AND ADULTS
 See Aerobic