

MON.	TUES.	WED.	THURS.	FRI.	SAT.	SUN.
SWIM LESSONS LAP SWIM 6-10 am	SWIM LESSONS LAP SWIM 6-9:30 am	SWIM LESSONS LAP SWIM 6-9:30 am	SWIM LESSONS LAP SWIM 6-9:30 am	SWIM LESSONS LAP SWIM 6-9:30 am	SWIM LESSONS LAP SWIM 7-9 am	SWIM LESSONS LAP SWIM 7-10 am
POWER PLUNGE! Cynthia 10 am 90 Min Lvl ML	H2O TURBO* Marty 9:30 am 75 Min Lvl ML	H2O TOTAL TONE* Mike 9:30 am 75 Min Lvl ML	H2O TURBO Mary Lou 9:30 am 75 Min Lvl ML	H2O TOTAL TONE* Allison/Mary L. 9:30 am 75 Min Lvl ML	AQUA CORE Mary H. /Mary Lou 9 am 90 Min Lvl ML	AQUA-MIX* Mary 10 am 75 Min Lvl ML
SUMMER CAMP SWIMMING 11:30 am-12:30 pm	SWIM LESSONS OPEN SWIM 10:45 am -4 pm	SWIM LESSONS OPEN SWIM 10:45 am -7 pm	SWIM LESSONS OPEN SWIM 10:45 am -7 pm	SWIM LESSONS OPEN SWIM 10:45 am -7 pm	SWIM LESSONS OPEN SWIM 10:30 am-7:30 pm	SWIM LESSONS OPEN SWIM 11:15 am-4:15 pm
OPEN SWIM SWIM LESSONS 11:30 am-9 pm	SUMMER CAMP SWIMMING 11:30 am-12:30 pm	SUMMER CAMP SWIMMING 11:30 am-12:30 pm	SUMMER CAMP SWIMMING 11:30 am-12:30 pm	SUMMER CAMP SWIMMING 11:30 am-12:30 pm		SWIM CLINICS 4:15-7:30 pm
LAP SWIM 9-10:30 pm	SWIM CLINICS 4-7 pm	AQUA-CORE* Jean 7 pm 60 Min Lvl ML	HYDRO FIT* Mary 7 pm 60 Min Lvl ML	LAP SWIM 7-10:30 pm		
	HYDRO FIT Jean 7 pm 60 Min Lvl ML	OPEN SWIM 8-9 pm	OPEN SWIM 8-9 pm			
	OPEN SWIM 8-9 pm		LAP SWIM 9-10:30 pm			
	LAP SWIM 9-10:30 pm	LAP SWIM 9-10:30 pm				

- **AM H2O classes automatically receive 3 lanes**
- **During Open Swim, lap swimming is only allowed in the reserved lap lane, and one lane may be used for a swim lesson.**
- **During exercise classes and swim clinics there will be only one lane available for adult lap swimming unless otherwise noted.**
- **Children may swim during open swim times or during a swim lesson.**
- **One lane will be open at all times for Lap Swimming — PLEASE SHARE LANES AS NEEDED, Circle swim, 30 minute time limit while others are waiting.**
- **No children under 8 years of age may be left unattended.**
- **Any child 8 to 12 unaccompanied by an adult must pass a swim test. (See Lifeguard for details)**

Kids under 16 are not permitted to use hot tub